

Replace Negatives with Positives

Results

Success – Positive Qualities

Lively Energetic Strong Steady Invigorated Revitalized Recharged Dynamic Cheerful
 Rejuvenated Purposeful Self-Governed Passionate Well-Rounded Inspired Creative
 Committed Principle-Based Evolving Devoted Responsible Confident Enthusiastic
 Positive Optimistic Unstoppable Self-Assured Motivational Persistent Progressive
 Realistic Fulfilled Satisfied Motivated Explicit Wholehearted Generous Methodical
 Excited Diligent Well-Planned Foresightful Well-Informed Detailed Dedicated
 Competent Productive Optimized Prepared Determined Self-Directed Selective
 Appropriate Results-oriented Gratified Balanced Predetermined Focused Pre-emptive
 Disciplined Respectful Cooperative Charismatic Supportive Collaborative Thoughtful
 Empowering Appreciative Contributive Articulate Systematic Thorough Automated
 Procedural Practical Prompt Orderly Organized Innovative Meticulous Vigilant
 Industrious Concentrated Engaged Considerate Uninterrupted Single-Minded Attentive
 Prolific Accountable Action-oriented Resourceful Self-Initiated Courageous Undaunted
 Eager Proactive Completion-Driven Tenacious Adventurous

Time

Fatigued Drained Tired Erratic Sluggish Stressed Run-down Lethargic Gloomy
 Depleted Aimless Direction-Less Half-Hearted Neglectful Uninspired Uncreative
 Passive Arbitrary Declining Hypocritical Irresponsible Doubtful Discouraged Negative
 Pessimistic Indecisive Insecure Critical Capricious Conventional Wishful Unfulfilled
 Disillusioned Unmotivated Vague Ambivalent Self-Serving Haphazard Detached
 Lackadaisical Short-sighted Rash Narrow-Minded Uncertain Noncommittal Chaotic
 Delayed Ineffective Unprepared Unreliable Reactive Habitual Inappropriate Efforts-
 based Frustrated Imbalanced Impulsive Unfocused Diverted Reluctant Judgmental
 Antagonistic Uninspiring Unsupportive Individualistic Thoughtless Withholding
 Ungrateful Non-participative Confusing Struggling Careless Overloaded Inconsistent
 Inefficient Tardy Disorderly Disorganized Out-dated Dishevelled Unmindful Wasteful
 Over-committed Uninterested Inconsiderate Disrupted Distracted Preoccupied Myopic
 Unaccountable Procrastinating Intimidated Overwhelmed Fearful Evasive Resistant
 Over-Analytical Scattered Undependable Regretful

Regrets

Failure – Negative Qualities