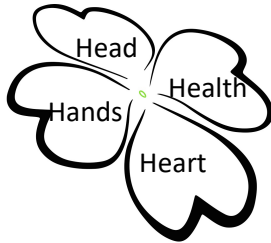


COACHING AGREEMENT/CONTRACT

Client Name: _____ Coach Name: _____

Coaching is not advice, therapy or counselling and may address or empower the client in personal projects, entrepreneurial, or general scenarios in life. This is a holistic approach; taking the whole person into consideration:



- Head: Education and Knowledge
- Heart: Being”, Dreams, Self-Worth, Me
- Health: Core Values, HIV Aids, Drugs, Fitness
- Hands: Give back to community, Integration,

Throughout the coaching relationship, the coach will engage in both direct and personal conversations. The client can count on the coach to be honest and straightforward in asking questions and making requests.

The “power” of the coaching relationship is fully dependant on the client’s co-operation and participation. The client agrees to do just that: have the coaching relationship powerful. If the client believes the coaching is not working as desired, the client will communicate that belief and take action & responsibility to restore the power to the coaching relationship.

The coach promises the client that all information provided to the coach will be strictly confidential. By attending your first coaching session, you agree to your coach keeping brief notes of things like coaching topics etc. Feel free to ask for all your information to be deleted at the end of your coaching relationship. The same business ethics as a doctor apply, however, if the client reveals plans to harm himself or herself, anyone else or any corporations etc, this will have to be communicated to the relevant authorities.

Fees agreed upon: _____ / session / group / month.

This agreement between client and coach will continue for the agreed period: _____

Group Meeting: _____ (day) @ start time: _____ finish time: _____

Personal Coaching: _____ (day) @ start time: _____ finish time: _____

The Support Person: Name: _____ Phone number: _____

Signing this indicates full understanding of, and agreement with all information outlined above.

Coach Signature & Date:

Client Signature & Date: