

# Dreamsto Reality

A dream is just a goal without a deadline. To turn a dream into reality we need to clarify it and set goals with stepping stones. Work through the next 5 sections to turn your dreams into realities.



## 1. IMAGINATION

In 10 words or less - My Vision is:

Start Date:

By When:

## 2. CLARIFICATION

2.1 List the features and details: How will it look?

2.2 Benefits and Rewards: not only financial (satisfaction,

2.3 Costs and Barriers: Not only financial (time,

2.4 Prime Activities that you need to do.

### 3.1 POWER

Keeping your dream in mind, rate your TQ (the next 10 things - as per your daily lessons). Put and X in the box that represents the relevant number for your score.

	1	2	3	4	5	6	7	8	9	10
<i>ENERGY (Energetic) I am committed to peak personal power.</i>										
<i>Mission (Passionate) I live what's most important.</i>										
<i>Attitude (Enthusiastic) I transform my passion into action.</i>										
<i>Set Goals (Self-Directed) I turn my dreams into targets.</i>										
<i>Make Plans (Prepared) I plan out the steps for each of my goals.</i>										
<i>Prioritize (Focused) I always focus on Priority #1 first.</i>										
<i>Synergize (Supportive) I create synergy by finding people to help.</i>										
<i>Organized (Systematic) I am organised &amp; Automated to conquer.</i>										
<i>Optimize (Timely) I make every minute count.</i>										
<i>Act Now (Proactive) I take action to make things happen.</i>										

### 3.2. EVALUATION

Review the size, number and complexity of the Features, Benefits and Costs for this particular Vision. Place an X Lots of Big Pieces and things to do. in the appropriate box.

- A few small pieces or things to do.
- Lots of small pieces or things to do.
- Lots of Big Pieces and things to do.
- A few Big Pieces and things to do.

Review the type and nature of the Activities you will perform. Do you have the sustained Power within each Colour to unlock the Benefits and Rewards, pay the Costs and overcome the inherent Barriers for this Expectation—together with all others in your Cone of Choices?

### 4. DETERMINATION

Smart Choices  
Determines  
Smart Actions

- Do not proceed at this time
- Manage an existing expectation
- Change the time Factor for this expectation
- Proceed with the considered determination to **Maintain** your Strong colours and **Improve** your weak colours

Yes, I will commit to 100% of my TQ Power to achieve this Expectation...

## 5. ACHIEVE CLARITY OF VISION

Lasting Success = Clear Expectations with the Power to meet or exceed them over Time

Major Features & Details surrounding my dream:	Major Rewards, Benefits & Personal Values exhibited within my dream:
Can you clearly see the individual pieces in your “paint by numbers” dream?	Can you clearly see how these pieces align with your core personal values?

Major Costs, Barriers & Requirements I’ll need to overcome while pursuing my dream:	Major Activities I must perform for the successful execution of my dream:
Can you clearly see what it will take to assemble the pieces in terms of Time, Money and other resources?	Can you clearly see the individual activities you must perform?